

# KFC Breakfast Menu South Africa – Complete 2026 Guide

By <https://kfcmeenu.co.za/>

KFC breakfast in South Africa offers a convenient, flavorful, and satisfying start to the day. Combining KFC's signature chicken with classic breakfast ingredients such as eggs, hash browns, and toasted bread, the menu includes wraps, sandwiches, burgers, and value boxes. Whether you prefer a light snack or a full breakfast meal, KFC caters to different appetites and budgets across the country.

Breakfast is available at selected KFC outlets in major cities including Johannesburg, Cape Town, Durban, Pretoria, and Cape Gate, with options for in-store dining, drive-thru, and delivery. This guide covers prices, nutrition, and allergens to help customers make informed choices.

## KFC Breakfast Menu Prices South Africa (2026)

Item	Description	Price (ZAR)
AM Mini Twister w/ Hash Brown	Chicken, egg & hash brown wrap	23.90 – 23.99
Brekkie Crunch Wrap	Chicken strip, egg & hash brown	26.90 – 39.90
AM Toasted Chicken & Mayo Meal	Toasted sandwich with hash brown & drink	44.90
AM Deluxe Burger	Egg & chicken breakfast burger	42.90 – 54.90
AM Snacker Burger	Light breakfast burger	14.90
AM Brekkie Crunch Box	Wrap, chips, chicken piece & coffee	67.90

### Highlights:

- Wraps and burgers cater to both **light and hearty breakfasts**.
- Combo meals and breakfast boxes provide **complete morning options**.
- Prices are clearly listed to help customers **plan meals efficiently**.

## KFC Breakfast Nutrition Information

Item	Calories	Protein (g)	Fat (g)	Carbs (g)	Sodium (mg)
AM Mini Twister w/ Hash Brown	410	18	22	35	850
Brekkie Crunch Wrap	480	20	25	38	900
AM Toasted Chicken & Mayo	520	24	28	40	950
AM Deluxe Burger	550	25	28	45	980
AM Snacker Burger	180	9	8	22	420
AM Brekkie Crunch Box	670	30	35	55	1100

### Tips:

- Snack-sized items are ideal for lighter breakfasts.
- Combo meals and breakfast boxes provide filling options for a substantial morning meal.
- Nutritional values may vary by outlet and portion size.

## KFC Breakfast Allergen Information

Item	Contains Allergens
AM Mini Twister w/ Hash Brown	Wheat, Egg, Milk, Soy
Brekkie Crunch Wrap	Wheat, Egg, Milk, Soy
AM Toasted Chicken & Mayo	Wheat, Egg, Milk, Soy
AM Deluxe Burger	Wheat, Egg, Milk, Soy
AM Snacker Burger	Wheat, Egg
Hash Browns	None
Coffee / Rooibos Tea	None

### Important Notes:

- All breakfast items are prepared in shared kitchens.
- Customers with allergies or dietary restrictions should confirm ingredients with their local KFC branch before ordering.

## FAQs – KFC Breakfast South Africa

- 1. Which KFC outlets in South Africa serve breakfast?**

Breakfast is available at selected KFC locations in Johannesburg, Cape Town, Durban, Pretoria, and Cape Gate.
- 2. What are the most popular KFC breakfast items?**

The Mini Twister w/ Hash Brown, Brekkie Crunch Wrap, and AM Deluxe Burger are top choices.
- 3. Are KFC breakfast items available for delivery?**

Yes, breakfast can be ordered via in-store, drive-thru, or delivery services where available.
- 4. Do KFC breakfast items have nutritional information?**

Yes, calories, protein, fat, carbs, and sodium content are provided for all major items.
- 5. Are there lighter breakfast options at KFC?**

Snack-sized items like the AM Snacker Burger or Mini Twister are ideal for a lighter start.
- 6. Does the breakfast menu include drinks?**

Yes, items like coffee and Rooibos tea are included in breakfast combos or boxes.
- 7. Are allergen details provided for KFC breakfast items?**

Yes, the menu includes wheat, egg, milk, and soy allergens for each item.
- 8. Can breakfast items be ordered in combo meals?**

Yes, wraps and burgers are available as combo meals or boxes with sides and drinks.
- 9. Do prices vary by location?**

Slight variations may exist depending on the outlet and city.
- 10. Is the KFC breakfast menu available in PDF format?**

Yes, customers can download the official PDF for offline access to the full breakfast menu and pricing.

## Final Thoughts

The KFC Breakfast Menu South Africa 2026 offers convenience, variety, and flavor for early risers. From light snacks to hearty breakfast boxes, the menu caters to diverse tastes and budgets. With detailed pricing, nutrition, and allergen information, customers can confidently plan their breakfast, whether dining in-store, using drive-thru services, or ordering delivery.

KFC breakfast remains a reliable and satisfying start to the day for commuters, students, and office workers across South Africa.

Disclaimer: Prices and availability may vary by location. This PDF is for reference only. For latest updates, visit <https://kfcmeenu.co.za/>

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